

Beresford School District



Fruit & Veggie Bar & Milk Choices

Unlimited fruits and vegetables and choice of milk are included with the lunch meal everyday.



Menu Notes:

Vegetarian
Homestyle/Scratch
Good Source of Fiber

Healthy Cool Choices Everyday

M & W—Fresh Baked Subs
T & Th—Fresh Entrée Salad
F—Healthy Choice® Sandwich or Wrap

Mon	Tue	Wed	Thu	Fri
<p>2</p> <p>A. Bread Sticks with Meat Sauce B. Grilled Chicken Sandwich Steamed Broccoli </p>	<p>3</p> <p>A. Super Mexican Potatoes B. Hamburger or Cheeseburger Chips & Salsa Cookie</p>	<p>4</p> <p>A. MS/HS - Chicken Dinner Bowl ES – Chicken Nuggets B. Country Fried Steak Mashed Potatoes & Gravy</p>	<p>5</p> <p>A. Homestyle Cavatini B. Corn Dog Corn </p>	<p>6</p> <p>A. Pizza B. BBQ Rib Sandwich Green Beans Fruit & Veggie Bar: Locally Grown Hydroponic Cucumbers </p>
<p>9</p> <p>A. Teriyaki Chicken (over Rice) B. Toasted Cheese Sandwich with Tomato Soup Whole Grain Rice Fortune Cookie</p>	<p>10</p> <p>A. Hard or Soft Shell Taco B. Hot Dog French Fries Fruit & Veggie Bar: Locally Grown Hydroponic Tomatoes</p>	<p>11</p> <p>A. Golden Macaroni & Cheese B. Spicy or Crispy Chicken Sandwich Peas </p>	<p>12</p> <p>A. Spaghetti with Meat Sauce B. Hot Ham & Cheese Green Beans Breadstick</p>	<p>13</p> <p>A. Pizza B. Breaded Pork Sandwich Corn </p>
<p>16</p> <p>A. Cook's Choice B. Hamburger or Cheeseburger Cooked Carrots </p>	<p>17</p> <p>A. Taco in a Bag B. Hot Pepperoni Sub Corn Cookie</p>	<p>18</p> <p>A. Homestyle BBQ Pork Sandwich B. Chicken Nuggets BBQ Beans </p>	<p>19</p> <p>A. Italian Dunker B. Mini Corn Dog Green Beans</p>	<p>20</p> <p>A. Pizza B. Sloppy Joe Steamed Broccoli </p>
<p>23</p> <p>A. Tator Tot Hotdish B. Crispy Chicken Sandwich Corn </p>	<p>24</p> <p>A. Super Nachos B. Breaded Fish Sandwich Refried Beans Frosted Birthday Cake</p>	<p>25</p> <p>A. Cook's Choice B. Chicken Nuggets Mashed Potatoes & Gravy</p>	<p>26</p>	<p>27</p>
<p>30</p>	<p>31</p>	<p>Menu subject to change based on inventory on hand.</p>		

Meal Prices

ES Lunch \$2.25
MS Lunch \$2.35
HS Lunch \$2.35
Adult Lunch \$3.20
Reduced \$0.40
Free and reduced meal applications are available at the school office

Questions Comments

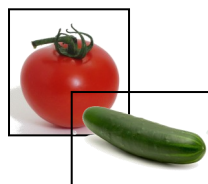
Contact Lisa Ruman, Area Manager at 605-212-5406 or lisa@lunchtimesolutions.com

Extras Available

All Schools:
Extra Entrée \$1.50
Extra Milk \$0.40
Yogurt \$1.40
Middle/High School Only:
Extra Fresh Baked Pizza \$1.75
Bottled Juice \$1.25
Bottled Water \$0.80
Otis Spunkmeyer® Cookies \$1.45

All extras are sold only after the purchase of a nutritional meal. However, students may purchase a milk without first purchasing a meal.

FARMERS MARKET SELECTIONS

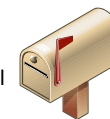


May Selection: Tomatoes & Cucumbers

Find out the nutritional benefits of these vegetables on the poster in the dining area or at:

<http://server.lunchtimesolutions.com:81/farmersmarket.pdf>

End of the School Year



Please watch for your School Start Food Service Letter in the mail this summer. The School Start Letter is mailed along with the Free & Reduced meal applications. The School Start letter will provide you with important information regarding the school breakfast and lunch programs, including pricing and lunch account policies. *Please remember that we must receive all lunch account deposits before school starts.* Have a great summer!